

2018-19 ILH Kayak Schedule

Race Venue: Sand Island (Pending Permit Approval)

First day of Practice: **Wednesday, August 1, 2018**
 Pre-Season Coaches Meeting: **Thursday, September 6, 2018**
 Post-Season Coaches Meeting: **Tuesday, November 6, 2018**
 Participating Schools: Kamehameha, Iolani, Punahou, Le Jardin, Mid-Pacific, PAC5
 ILH Coordinator: Tracy Pagud, tracy.pagud@capatriots.org, 808.391.2381

<u>Day</u>	<u>Date</u>	<u>Level(s)</u>	<u>Event</u>	<u>Time</u>	<u>Site</u>	<u>Host Team</u>
Sat	8/25/2018		Official Training	TBD	TBD	
Sat	9/8/2018	JV & VAR	#1 - Distance (ACT)	1:45 PM	Sand Island	PAC5
Sat	9/15/2018	JV & VAR	#2 - Sprint	9:00 AM	Sand Island	MPI
Sat	9/22/2018	JV & VAR	#3 - Distance	9:00 AM	Sand Island	KSK
Sat	9/29/2018	JV & VAR	#4 - Sprint	9:00 AM	Sand Island	LJA
Sat	10/6/2018	JV & VAR	#5 - Distance (SAT)	1:45 PM	Sand Island	PUN
Sat	10/13/2018	VAR	#6 - Sprint	9:00 AM	Sand Island	IOL
Sat	10/13/2018	JV	#6 - ILH Championships	9:00 AM	Sand Island	
Sat	10/20/2018	VAR	#7 - ILH Championships	9:00 AM	Sand Island	PUN (Set/Clean Up) MPI (Lunch)
Sat	10/27/2018	JV & VAR	If Necessary (ACT)	1:45 PM	Sand Island	PAC5

HOST TEAM:

Equipment

Deliver and assist with equipment set-up and clean-up for the regatta

* 7:30am for 9:00am races and 12:00pm for 1:45pm races

Food

Provide food/snacks/water for approximately 16 race officials and volunteers

VOLUNTEERS:

When possible, check-in at the officials tent one (1) hour prior to the start time